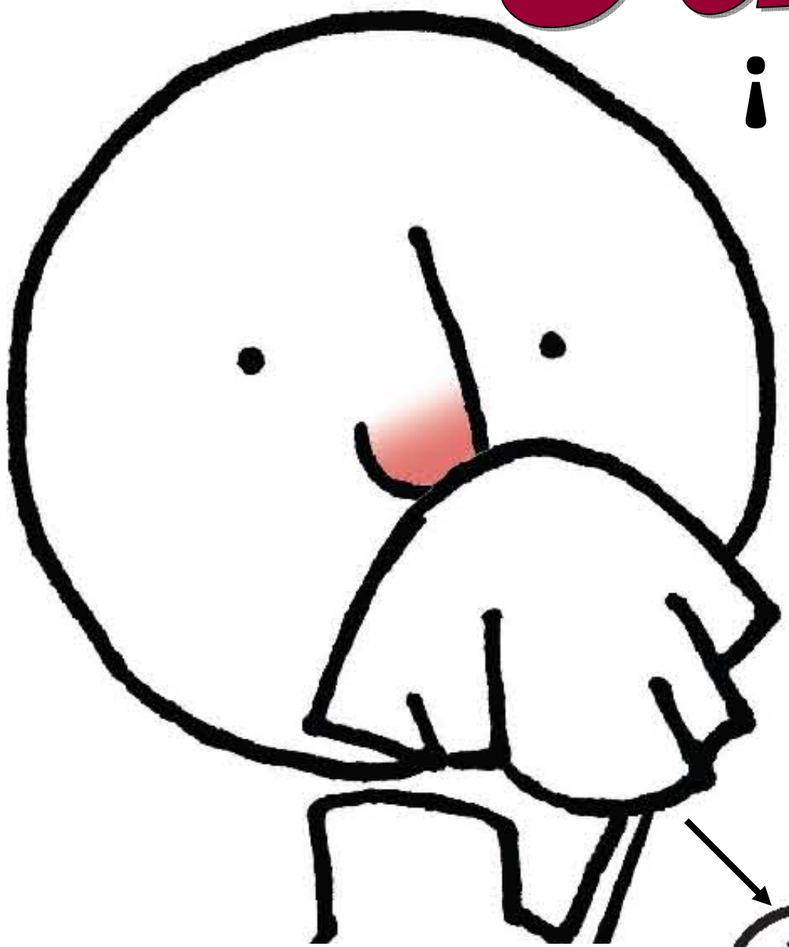
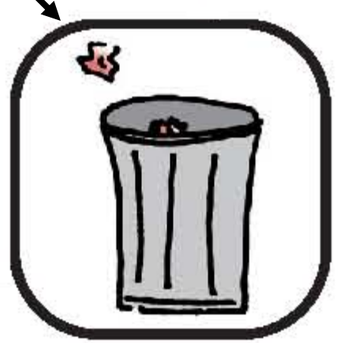
Cubra su Tos

¡ Detenga la transmisión de gérmenes!



Cubra su boca y nariz con un pañuelo de papel cuando tosa o estornude.



O

Cuando tosa o estornude hágalo sobre su brazo,

NO SUS MANOS.

MCDH

McHenry County Department of Health
815-334-4510
www.mcdh.info

Graphic from the CDC - Centers for Disease Control and Prevention