



# McHenry County Department of Health

# MCDH

*"Working to prevent disease and promote health and safety  
for all people of McHenry County since 1966."*

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## McHenry County Department of Health is offering a **Cholesterol Screening**

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### The Screening Includes:

- Total cholesterol, LDL, HDL
- Fasting blood sugar
- Triglycerides
- Blood pressure reading
- Cardiovascular education
- **NEW! Body Composition Analysis**

We now offer as an optional station, private and confidential body composition analysis! This station calculates fat mass, fat free mass, fat %, total body water and basal metabolic rate.



**Place: McHenry County College**

**Date: Thursday, February 18, 2010**

**Time: 8:30 Am-11:00 AM**

**Cost: \$35.00**

**Call (815)334-4536 to schedule your appointment**

**This test requires a 12-hour fast.**

**Make Healthy Living a Part of Your Life**

[www.mcdh.info](http://www.mcdh.info)

**(815)334-4510**

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